



**Manuel L. Argel, Jr.**  
Member, Social Security Commission

Date of Birth: 23 July 1949  
Place of Birth: Vigan City, Ilocos Sur  
Age: 74  
Sex: Male

- Judge Manuel L. Argel, Jr. was reappointed Acting Member of the Social Security Commission on 11 November 2022, representing the Employers' Sector.
- SSS Nominee-Director in the Boards of Philippine Long Distance Telephone Co. and Philam Life Tower Management Corporation.
- Member of the SSC Audit Committee and SSC Risk Management and Investments Committee.
- Commissioner Argel is a retired Regional Trial Court Judge for Laoag City, Ilocos Norte, and member of the Judiciary for 20 years. Prior to this, he was a law practitioner for 20 years.
- Prior to his service in the Judiciary, he served the Legislative Department when he was elected in 1980 as a member of the Sangguniang Bayan of Vigan City. In 2008, he was given the Legislator's Award by the City Government of Vigan in recognition of his accomplishments and contributions as former legislator of Vigan City.
- In 1995, while in private practice, he was accredited as a Voluntary Labor Arbitrator of the DOLE National Conciliation and Mediation Board.
- He served as President of the Integrated Bar of the Philippines (Ilocos Sur Chapter) from 1993 to 1995, Provincial Secretary of National Citizens' Movement for Free Elections, Chairman of the Ilocos Sur Local Amnesty Board, a member of the People's Assistance Development Action Center, Inc. He is a Charter Grand Knight and Lecturer-Member of the Knights of Columbus.
- As RTC Judge of Laoag City, Ilocos Norte from 1995, he also served as Executive Judge of RTC Laoag (2005 to 2007), and Presidential Assistant for Region I in the Philippine Judges Association.
- He is a distinguished alumnus of San Beda University where he obtained both his Bachelor of Arts in Philosophy in 1969 and Bachelor of Laws in 1974.